# Campbell Union High School District Board of Trustees

#### Resolution Number: #19-10-17-19

#### A Resolution in Support of Tobacco-Free and Vaping-Free Schools and Community

**WHEREAS**, the Campbell Union High School District (CUHSD) is dedicated to providing a healthy environment for all students and staff to make our schools places were students are safe, supported, and valued; develop knowledge, skills, and confidence; and are engaged, challenged, and prepared; and

**WHEREAS**, the CUHSD Board of Trustees, educators and health professionals recognize the importance of education that supports the prevention of tobacco use in order to help prevent tobaccorelated illnesses and understands the best way to prevent tobacco-related illnesses is to keep youth from starting to smoke or use tobacco products; and

WHEREAS, results from the 2018 National Youth Tobacco Survey found from 2017 to 2018, current e-cigarette use by high school students increased 78 percent, from 11.7 to 20.8 percent, accounting for a troubling 3.05 million American high school students using e-cigarettes in 2018. In addition, the proportion of current e-cigarette users in high school who reported use on 20 days or more in the past 30-day period increased from 20 percent to 27.7 percent between 2017 and 2018; and

WHEREAS, according to the Santa Clara County Public Health Department analysis of the California Student Tobacco Survey, in Santa Clara County, 13.2 percent of Santa Clara County teens reported using e-cigarettes in the past 30 day period, nearly 1 in 3 Santa Clara County teens – 31.6 percent – report that they have used an e-cigarette at least once. Further, 82.3 percent of teens currently using tobacco reported using a flavored product, and more than 2 in 5 teens – 45.4 percent – reported purchasing their own e-cigarettes, with over a quarter of this group saying they buy them directly from a local store. Among those who purchased e-cigarettes in a local store, 62.5 percent purchased them at a vape shop; and

WHEREAS, our student board members report that vaping has become a top concern for CUHSD students. Concerns have been expressed that due to the high levels of anxiety and stress that students are experiencing, as well as, the stigma of seeking mental health support, student use of vaping devices may be a form of self-medicating; and

WHEREAS, according to the U.S. Surgeon General, e-cigarettes and other electronic nicotine devices (ENDS) contain nicotine, which is a highly addictive drug that has immediate biochemical effects on the brain and body, alters adolescent brain development, and is toxic in high doses. Compared with older adults, the brain of youth and young adults are more vulnerable to the negative consequences of nicotine exposure. The effects include addiction, priming for use of other addictive substances, reduced impulse control, deficits in attention and cognition, and mood disorders; and

WHEREAS, the Food and Drug Administration (FDA) and other analyses have found that tobacco products such as e-cigarettes and other ENDS contain a number of toxins, carcinogens and components suspected of being harmful to humans and has acknowledged that consumers of e-cigarette products currently have no way of knowing whether e-cigarettes and other ENDS are safe or how much nicotine or other potentially harmful chemicals are being inhaled. Further, there is no regulatory oversight of the manufacturing process, and injuries and deaths have occurred from e-cigarettes and other ENDS and the liquid nicotine they use; and

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WHEREAS, as its customers succumb to tobacco-related illness and death, the tobacco industry continually adapts to changing regulatory and market environments, innovating around electronic smoking devices and flavored tobacco products to create a new, younger generation of customers; and

WHEREAS, it is known that tobacco companies and retailers profit from the research-proven fact that the earlier a person starts to use tobacco, the harder it will become for them to quit; and

WHEREAS, tobacco use rates are affected by where tobacco retailers are located and how concentrated, or dense they are in a given area. Increased availability of tobacco products is associated with increases in both youth and adult smoking rates. In particular, studies have consistently shown that children are more likely to smoke when they live or go to school in neighborhoods with a high density of tobacco retailers; and

WHEREAS, according to the Santa Clara County Department of Public Health Tobacco Free Communities initiative, there are over 1300 stores that sell tobacco products in Santa Clara County and 1 in 6 of them are located within 1000 feet of a school site; and

WHEREAS, local jurisdictions in California have the authority to enact regulations on the sale of tobacco products through local tobacco retail licensing in an effort to decrease availability and use of tobacco products by youth, including restrictions on the sale of flavored tobacco products, establishing maximum thresholds of tobacco retailer densities, and establishing distance requirements near schools and other youth sensitive areas; and

NOW, THEREFORE, BE IT RESOLVED, that the Campbell Union High School District, in accordance with California Education Code 48901, will take all practical and necessary steps to discourage students from smoking including forbidding the use of tobacco and vaping devices on campuses and during any school-related activities. Additionally, CUHSD commits to

- provide education on the dangers of tobacco and vaping use,
- provide intervention to those at risk,
- provide cessation activities and referrals to resources,
- address the underlying root causes of student tobacco and vaping use; and

BE IT FURTHER RESOLVED, that the Campbell Union High School District Board of Trustees supports and encourages action by local municipalities, under their regulatory authority, to restrict the sale of tobacco products in order to prevent youth access and use, including prohibiting the sale of flavored tobacco products and reducing the concentration and density of tobacco stores, particularly near schools and other youth sensitive areas; and

BE IT FURTHER RESOLVED, that CUHSD continue to partner with the Santa Clara County Office of Education, the Santa Clara County Public Health Department, and other public agencies to promote good health by discouraging tobacco use through the participation of CUHSD students in local Tobacco Use Prevention Education (TUPE) efforts, and enforcing tobacco-free policy; and

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**BE IT FINALLY RESOLVED,** that copies of this resolution be sent to the Santa Clara County Superintendent, council members and mayors of the cities of San Jose, Campbell, Saratoga, Monte Sereno and Santa Clara and the town of Los Gatos.

PASSED AND ADOPTED by the following vote of the members of the Board of Trustees of the Campbell Union High School District, Santa Clara County, State of California, this 17th day of October 2019. **AYES: NOES: ABSENT: ABSTAINS:** I, Kristiina Arrasmith, Clerk of the Board, hereby certify that the foregoing resolution was duly and regularly introduced, passed, and adopted by members of the Board of Trustees of the Campbell Union High School District at a regular meeting on the date shown above, and by the vote as stated.

Kristiina Arrasmith, Clerk of the Board of Trustees